

Wealden Institute Workshops & Specialist Training Events



For individual flyers please go to: www.wealdeninstitute.co.uk
or phone the office on: 01892 655 195



Please note, some of the training events take place in France – these are clearly marked

Brown workshops are for people who have only done a little previous training, for example, 1st year Counselling students.

Blue workshops are suitable for people who have done at least one year of Diploma level training in Counselling.

Pink Training events are more specialised and it is advisable to speak to a College Tutor before booking onto them.

NB. DIPLOMA IN COUNSELLING STUDENTS have five pre-paid workshops annually, at the standard fee of £119 per day. This fee will increase in July 2020, and is reflected on the individual flyers. For any workshop priced above this, Diploma students will be asked to pay the difference. Wealden College diploma students please also note that the TA101 course counts as two days of your 5 annual pre-paid workshops. Attendance at a half day workshop uses up half a workshop credit.

Workshops run from 09.30 to 16.30 with a one-hour lunch break, and morning and afternoon refreshment breaks with tea and coffee provided, unless otherwise stated. For face to face workshops, a kitchen is available for your use, including a fridge and microwave oven should you wish to bring your food. Lunch is not provided. When workshops take place online, there will be additional breaks, at times negotiated with the participants.

Sunday 10 January 2021

HAPPINESS – FREE online EVENT

What is happiness and what role does it play in our lives? Do we try to steal it at the expense of others? Do we search it as a constant, never changing, emotional state? Is it possible to be happy when many are miserable? When it all boils down to basics, Happiness is merely a word, and what meaning we attribute to it is personal. This meaning says a lot about us too.

Come and join people from around the world as we consider hardship and happiness, which Stefan Sandstrom TSTA from Sweden calls:

“Your right hand and your left.”

Hosted by Joanna Beazley Richards and John Baxendale. Guest speaker: Stefan Sandstrom TSTA

6 CPD points Cost: FREE

No pre-requisite – this event is open to anyone from any walk of life or background, globally;

To book a place simply email admin@wealdeninstitute.co.uk

Saturday and Sunday 23 & 24 January 2021

Attachment, Attachment Disorder, Trauma and Recovery

This workshop will probably take place on Zoom.

This workshop will introduce participants to the theory of attachment and attachment disorder, and of shock and trauma, the clinical difficulties that result and the nature of effective treatment.

Drawing on the work of John Bowlby, Judith Lewis Herman and Babette Rothschild, topics such as the effect of neglect, childhood abuse and domestic violence will be outlined.

Much of the first day will be spent looking at the theory and research findings. The second day will explore treatment, including the “don’ts” as well as the “dos”.

Prior to attending this workshop, participants must have attended the one day ‘Trauma and Recovery Foundation workshop’ training by Joanna Beazley Richards.

Counts as 12 hours CPD & recognised TA Training

Led by Joanna Beazley Richards MSc. TSTA C.Psychol. - Cost: £238

Wealden Psychology Institute and College

2 Quarry View, Whitehill Road, Crowborough, East Sussex, TN6 1JT.
Tel: 01892 655 195 admin@wealdeninstitute.co.uk www.wealdeninstitute.co.uk

Wealden Institute Workshops & Short Course Programme



For individual workshop flyers please go to our web site, or phone the office on: 01892 655 195



Please note - workshops in France are in green

Saturday 30 January 2021

Trauma and Recovery – a one day Foundation for the Introductory Certificate in Trauma Therapy

This workshop will probably take place on Zoom

This workshop will introduce participants to the psychology of shock and trauma, the clinical difficulties that result and the nature of effective treatment. Drawing on the work of Judith Lewis Herman and Babette Rothschild, topics such as the effect of childhood abuse, violence, and serious accidents will be outlined.

Much of the day will be spent looking at the characteristics and stages of effective treatment including the “don’ts” as well as the “do’s”. This day is the first of a number of possible workshops, attendance at which may lead to an Introductory Certificate in Trauma Therapy.

Counts as 6 hours CPD & recognised TA Training

Led by Joanna Beazley Richards, MSc, TSTA C.Psychol. Cost: £119

Saturday 6 February 2021

Severe and Complex Trauma and Dissociation

This workshop will probably take place on Zoom.

This workshop is for people who have already completed the Trauma and Recovery Foundation workshop.

Participants will explore the nature of severe and/or complex trauma, which, if it occurs in children, may result in the diagnosis of personality disorder.

The workshop will look at treatment possibilities, including some of the difficulties in treating this client group.

Prior to attending this workshop, participants must have attended the one day ‘Trauma and Recovery Foundation’ training by Joanna Beazley Richards.

Counts as 6 hours CPD & recognised TA Training

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. Cost: £119

Saturday and Sunday 6 & 7 February 2021

Official TA101; a two-day, accredited Introductory Training in Transactional Analysis.

This workshop will probably take place on Zoom.

‘Transactional analysis is a theory of personality and a systematic psychotherapy for personal growth and personal change’. That’s the definition of TA suggested by the International Transactional Analysis Association. In fact, TA today is all this and much more. Among psychological approaches, TA is outstanding in the depth of its theory and the wide variety of its applications.

As a theory of personality, TA gives us a picture of how people are structured psychologically. TA also provides a theory of communication which can be extended to give a method of analysing systems and organisations.

TA offers a theory of child development and a theory of psychopathology; the concept of life-script explains how our present life patterns originated in childhood.

This fully internationally accredited, introductory, two-day course is invaluable for people interested in using TA in their professional workplace, or in their private life, and is the starting point for anyone wishing to go on to further recognised TA training.

Counts for 12 hours CPD. Leads to an internationally recognised, “TA101 Certificate”.

Led by John Baxendale MSc, PTSTA, Licence ès lettres. Cost: £199

Saturday 13 February 2021

Diploma in Counselling Exam Prep Day

This workshop will probably take place on Zoom.

This exam prep day is for all students at all stages of training. The time is negotiated so that each student can get what they need from the day. It is an opportunity to clarify any admin queries around hours, and a time to look at the type of questions you may be asked and to get an idea of the exam process. It is also possible to do a practice exam. This is a good opportunity to get a feel for the actual examination, to ask all the questions you haven’t dared to ask so far, and to demystify the process. Please note this workshop will run if there are 6 people who have booked in using the form below. There is a maximum of 12 participants for the workshop to run. Led by Anna Pester and John Baxendale.

6 Hours CPD, Cost: £119

Wealden Institute Workshops & Short Course Programme



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Please note - workshops in France are in green

Saturday 20 February 2021

Mindfulness and Self-Confidence

This workshop will enable participants to explore the nature of self-confidence through the practice of mindfulness at our little organic farm in High Hurstwood.

The learning objectives for the workshop are that participants will be able to;

- Define mindfulness
- Describe the benefits of mindfulness in everyday life
- Be aware of research findings in relation to the benefits of mindfulness and physical and mental health
- Be able to state the benefits of mindfulness in relation to self-confidence.
- Know some techniques for increasing self-confidence using a mindfulness approach.
- Be aware of research findings in relation to the benefits of mindful experience of self, in relation to physical and mental health.

The workshop will be taught at College Farm, Fowley lane, High Hurstwood, TN22 4BG.

Teaching methods will be didactic and experiential.

Please bring suitable clothing for outdoor and indoor activities at the farm. Please also bring some food for lunch.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. Cost £119

Counts as 6 hours CPD & recognised TA Training.

Tuesday 23 February 2021

Treating Traumatised Children

This workshop will probably take place on Zoom.

This workshop, which follows on from the basic Trauma and Recovery workshop, enables participants to learn the particular ways that children may be helped to recover from trauma. Prior to attending this workshop, participants must have attended the one day 'Trauma and Recovery' training by Joanna Beazley Richards.

Counts as 6 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. Cost £119

Thursday 4 March 2021

Mindfulness and Self-Esteem

This workshop will enable participants to explore the nature of self-esteem through the practice of mindfulness at our little organic farm in High Hurstwood.

The learning objectives for the workshop are that participants will be able to;

- Define mindfulness
- Define self-esteem and its signs
- State some causes of low self esteem
- Describe the benefits of mindfulness in relation to self esteem
- Be aware of research findings in relation to the benefits of self esteem
- Know some techniques for increasing self-esteem using a mindfulness approach.

The workshop will be taught at College Farm, Fowley lane, High Hurstwood, TN22 4BG.

Teaching methods will be didactic and experiential.

Please bring suitable clothing for outdoor and indoor activities at the farm. Please also bring some food for lunch.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. Cost £119

Counts as 6 hours CPD & recognised TA Training

Saturday 6 March 2021

Diploma in Counselling Exam Prep Day

This workshop will probably take place on Zoom.

This exam prep day is for all students at all stages of training. The time is negotiated so that each student can get what they need from the day. It is an opportunity to clarify any admin queries around hours, and a time to look at the type of questions you may be asked and to get an idea of the exam process. It is also possible to do a practice exam. This is a good opportunity to get a feel for the actual examination, to ask all the questions you haven't dared to ask so far, and to demystify the process. Please note this workshop will run if there are 6 people who have booked in using the form below. There is a maximum of 12 participants for the workshop to run. Led by Anna Pester and John Baxendale.

6 Hours CPD, Cost: £119

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Monday and Tuesday 22 & 23 March 2021

Attachment, Attachment Disorder, Trauma and Recovery

This workshop will probably take place on Zoom.

This workshop will introduce participants to the theory of attachment and attachment disorder, and of shock and trauma, the clinical difficulties that result and the nature of effective treatment.

Drawing on the work of John Bowlby, Judith Lewis Herman and Babette Rothschild, topics such as the effect of neglect, childhood abuse and domestic violence will be outlined.

Much of the first day will be spent looking at the theory and research findings. The second day will explore treatment, including the “don’ts” as well as the “dos”.

Prior to attending this workshop, participants must have attended the one day ‘Trauma and Recovery Foundation workshop’ training by Joanna Beazley Richards.

Counts as 12 hours CPD & recognised TA Training

Led by Joanna Beazley Richards MSc. TSTA C.Psychol. - Cost: £238

Thursday 1 April 2021

Trauma and Recovery – a one day Foundation for the Introductory Certificate in Trauma Therapy

This workshop will probably take place on Zoom

This workshop will introduce participants to the psychology of shock and trauma, the clinical difficulties that result and the nature of effective treatment. Drawing on the work of Judith Lewis Herman and Babette Rothschild, topics such as the effect of childhood abuse, violence, and serious accidents will be outlined.

Much of the day will be spent looking at the characteristics and stages of effective treatment including the “don’ts” as well as the “do’s”. This day is the first of a number of possible workshops, attendance at which may lead to an Introductory Certificate in Trauma Therapy.

Counts as 6 hours CPD & recognised TA Training

Led by Joanna Beazley Richards, MSc, TSTA C.Psychol. Cost: £119

Thursday 8 April 2021

Mindfulness and Satisfaction and Contentment

This workshop will enable participants to explore the nature of satisfaction and contentment, through the practice of mindfulness at our little organic farm in High Hurstwood.

The learning objectives for the workshop are that participants will be able to;

- Define mindfulness
- Define satisfaction and contentment
- Describe the benefits of mindfulness in relation to satisfaction and contentment
- Be aware of research findings in relation to the experience of satisfaction and contentment
- Know some techniques for increasing satisfaction and contentment using a mindfulness approach.

The workshop will be taught at College Farm, Fowley lane, High Hurstwood, TN22 4BG.

Teaching methods will be didactic and experiential.

Please bring suitable clothing for outdoor and indoor activities at the farm.

Please also bring some food for lunch.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. Cost £119

Counts as 6 hours CPD & recognised TA Training.

Monday and Tuesday 12 & 13 April 2021

Official TA101; a two-day, accredited Introductory Training in Transactional Analysis.

This workshop will probably take place on Zoom.

‘Transactional analysis is a theory of personality and a systematic psychotherapy for personal growth and personal change’. That’s the definition of TA suggested by the International Transactional Analysis Association. In fact, TA today is all this and much more. Among psychological approaches, TA is outstanding in the depth of its theory and the wide variety of its applications.

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TA offers a theory of child development and a theory of psychopathology; the concept of life-script explains how our present life patterns originated in childhood.

This fully internationally accredited, introductory, two-day course is invaluable for people interested in using TA in their professional workplace, or in their private life, and is the starting point for anyone wishing to go on to further recognised TA training.

Counts for 12 hours CPD. Leads to an internationally recognised, “TA101 Certificate”.

Led by John Baxendale MSc, PTSTA, Licence ès lettres. Cost: £199

Wealden Institute Workshops & Short Course Programme



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Please note - workshops in France are in green

Thursday 15 April 2021

Animal Assisted Therapy – specialist topic: Life Scripts

This workshop will take place face to face at College Farm.

This specialist training is one of five leading to a Wealden Institute 'Introductory Certificate in Animal Assisted Therapy.

This training will take place entirely at College Farm, High Hurstwood (3.5 miles south of Wealden Institute in Crowborough) and will explore the use of animals in therapeutic work. Participants will work alongside the Institute's animals during experiential exercises. The training will cover the theory and practice of animal assisted therapy and its widespread use with a range of clients.

Each Animal Assisted Therapy day will address a different aspect of TA Theory in the context of working with animals when helping people therapeutically.

Please check the weather forecast and wear clothing suitable for an outdoor training.

Counts as 6 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. and John Baxendale, MSc, CTA. - Cost: £155

FOR WEALDEN COLLEGE DIPLOMA STUDENTS THIS WORKSHOP USES ONE OF THEIR CREDITS

Thursday 29 April 2021

Animal Assisted Therapy – specialist topic: strokes

This workshop will take place at College Farm

This specialist training is one of five leading to a Wealden Institute 'Introductory Certificate in Animal Assisted Therapy.

This training will take place entirely at College Farm, High Hurstwood (3.5 miles south of Wealden Institute in Crowborough) and will explore the use of animals in therapeutic work. Participants will work alongside the Institute's animals during experiential exercises. The training will cover the theory and practice of animal assisted therapy and its widespread use with a range of clients.

Each Animal Assisted Therapy day will address a different aspect of TA Theory in the context of working with animals when helping people therapeutically.

Please check the weather forecast and wear clothing suitable for an outdoor training.

Counts as 6 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. and John Baxendale, MSc, CTA. - Cost: £155

FOR WEALDEN COLLEGE DIPLOMA STUDENTS THIS WORKSHOP USES ONE OF THEIR CREDITS

Thursday 6 May 2021

Animal Assisted Therapy – specialist topic: Psychological Games

This workshop will take place at College Farm

This specialist training is one of five leading to a Wealden Institute 'Introductory Certificate in Animal Assisted Therapy.

This training will take place entirely at College Farm, High Hurstwood (3.5 miles south of Wealden Institute in Crowborough) and will explore the use of animals in therapeutic work. Participants will work alongside the Institute's animals during experiential exercises. The training will cover the theory and practice of animal assisted therapy and its widespread use with a range of clients.

Each Animal Assisted Therapy day will address a different aspect of TA Theory in the context of working with animals when helping people therapeutically.

Please check the weather forecast and wear clothing suitable for an outdoor training.

Counts as 6 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. and John Baxendale, MSc, CTA. - Cost: £155

FOR WEALDEN COLLEGE DIPLOMA STUDENTS THIS WORKSHOP USES ONE OF THEIR CREDITS

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Thursday 13 May 2021

Animal Assisted Therapy – specialist topic: autonomy

This workshop will take place at College Farm.

This specialist training is one of five leading to a Wealden Institute 'Introductory Certificate in Animal Assisted Therapy.

This training will take place entirely at College Farm, High Hurstwood (3.5 miles south of Wealden Institute in Crowborough) and will explore the use of animals in therapeutic work. Participants will work alongside the Institute's animals during experiential exercises. The training will cover the theory and practice of animal assisted therapy and its widespread use with a range of clients.

Each Animal Assisted Therapy day will address a different aspect of TA Theory in the context of working with animals when helping people therapeutically.

Please check the weather forecast and wear clothing suitable for an outdoor training.

Counts as 6 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. and John Baxendale, MSc, CTA. - Cost: £155

FOR WEALDEN COLLEGE DIPLOMA STUDENTS THIS WORKSHOP USES ONE OF THEIR CREDITS

Thursday 20 May 2021

Animal Assisted Therapy – specialist topic: psychobiological hungers

This workshop will take place at College Farm.

This specialist training is one of five leading to a Wealden Institute 'Introductory Certificate in Animal Assisted Therapy.

This training will take place entirely at College Farm, High Hurstwood (3.5 miles south of Wealden Institute in Crowborough) and will explore the use of animals in therapeutic work. Participants will work alongside the Institute's animals during experiential exercises. The training will cover the theory and practice of animal assisted therapy and its widespread use with a range of clients.

Each Animal Assisted Therapy day will address a different aspect of TA Theory in the context of working with animals when helping people therapeutically.

Please check the weather forecast and wear clothing suitable for an outdoor training.

Counts as 6 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. and John Baxendale, MSc, CTA. - Cost: £155

FOR WEALDEN COLLEGE DIPLOMA STUDENTS THIS WORKSHOP USES ONE OF THEIR CREDITS

Thursday 10 June 2021

Mindfulness of Nature

This workshop will take place at College Farm

This workshop will enable participants to be mindful of their experience of being outdoors in the natural environment of a rural setting. Exercises will include mindfulness of emotional response, of sensory experience and awareness of ego-states. Participants are encouraged to wear clothing and footwear suitable for outdoor activities.

Led by Joanna Beazley Richards MSc, TSTA, C.Psychol.

CPD 6 hours, Cost £119

Monday and Tuesday 14 & 15 June 2021

Official TA101; a two-day, accredited Introductory Training in Transactional Analysis.

This workshop will probably take place on Zoom

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This fully internationally accredited, introductory, two-day course is invaluable for people interested in using TA in their professional workplace, or in their private life, and is the starting point for anyone wishing to go on to further recognised TA training.

Counts for 12 hours CPD. Leads to an internationally recognised, "TA101 Certificate".

Led by John Baxendale MSc, PTSTA, Licence ès lettres. Cost: £210

Wealden Institute Workshops & Short Course Programme



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Please note - workshops in France are in green

Thursday 17 June 2021

Animal Assisted Therapy – specialist topic: the Miniscript

This workshop will take place at College Farm.

This specialist training is one of five leading to a Wealden Institute 'Introductory Certificate in Animal Assisted Therapy.

This training will take place entirely at College Farm, High Hurstwood (3.5 miles south of Wealden Institute in Crowborough) and will explore the use of animals in therapeutic work. Participants will work alongside the Institute's animals during experiential exercises. The training will cover the theory and practice of animal assisted therapy and its widespread use with a range of clients.

Each Animal Assisted Therapy day will address a different aspect of TA Theory in the context of working with animals when helping people therapeutically.

Please check the weather forecast and wear clothing suitable for an outdoor training.

Counts as 6 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. and John Baxendale, MSc, CTA. - Cost: £155

FOR WEALDEN COLLEGE DIPLOMA STUDENTS THIS WORKSHOP USES ONE OF THEIR CREDITS

Thursday 1 July 2021

Mindfulness and Relaxation

This workshop will enable participants to explore the experience of relaxation, through the practice of mindfulness at our little organic farm in High Hurstwood.

The learning objectives for the workshop are that participants will be able to;

- Define mindfulness
- Define mental and physical relaxation
- Describe the benefits of mindfulness in relation to mental and physical relaxation
- Be aware of research findings in relation to the experience of mental and physical relaxation
- Know some techniques for increasing mental and physical relaxation
- using a mindfulness approach.

The workshop will be taught at College Farm, Fowley lane, High Hurstwood, TN22 4BG.

Teaching methods will be didactic and experiential.

Please bring suitable clothing for outdoor and indoor activities at the farm.

Please also bring some food for lunch.

Led by Joanna Beazley Richards MSc, TSTA, C.Psychol.

CPD 6 hours, Cost £119

Thursday 8 July 2021

Mindfulness of the Senses

This workshop will take place at College Farm

This workshop will introduce participants to

- Finding inner peace with mindfulness and the five senses.
- Mindfulness and the power of living in the moment, embracing our current circumstances without judgement or pretence.
- Being a conscious observer.
- Our senses as our window to the world; experiencing life through our senses.
- The unique quality of each of our senses.

Led by Joanna Beazley Richards MSc, TSTA, C.Psychol. CPD 6 hours, Cost £119

Wednesday 21 July 2021

Severe and Complex Trauma and Dissociation

This workshop will probably take place on Zoom.

This workshop is for people who have already completed the Trauma and Recovery Foundation workshop.

Participants will explore the nature of severe and/or complex trauma, which, if it occurs in children, may result in the diagnosis of personality disorder.

The workshop will look at treatment possibilities, including some of the difficulties in treating this client group.

Prior to attending this workshop, participants must have attended the one day 'Trauma and Recovery Foundation' training by Joanna Beazley Richards.

Counts as 6 hours CPD & recognised TA Training

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. Cost: £119

Wealden Institute Workshops & Short Course Programme



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Please note - workshops in France are in green

Wednesday 21 July 2021 until Wednesday 25 August 2021 (6 Wednesdays in all)

Certificate in Supervision

This certificate level course, constituting 6 days training, is followed by the Diploma level training in supervision, starting on Wednesday 6 October 2021 and constituting a further 9 days training. Both courses are accredited by Wealden Psychology Institute.

Fees: Certificate: £600+VAT, Diploma: £1600+VAT

Course Director: John Baxendale MSc, PTSTA, Licence ès lettres

Monday 26 July 2021

Diploma in Counselling Exam Prep Day

This workshop will probably take place on Zoom.

This exam prep day is for all students at all stages of training. The time is negotiated so that each student can get what they need from the day. It is an opportunity to clarify any admin queries around hours, and a time to look at the type of questions you may be asked and to get an idea of the exam process. It is also possible to do a practice exam. This is a good opportunity to get a feel for the actual examination, to ask all the questions you haven't dared to ask so far, and to demystify the process. Please note this workshop will run if there are 6 people who have booked in using the form below. There is a maximum of 12 participants for the workshop to run. Led by Anna Pester and John Baxendale.

6 Hours CPD, Cost: £125

Wednesday 4 August at 1.30pm to Sunday 8 August at 12.30pm

Animal Assisted Diploma level training

More details to follow

Led by Joanna Beazley Richards MSc, TSTA, C.Psychol. and John Baxendale MSc, PTSTA, Licence ès lettres

Wednesday 11 August 2021

Treating Traumatized Children

This workshop will probably take place on Zoom.

This workshop, which follows on from the basic Trauma and Recovery workshop, enables participants to learn the particular ways that children may be helped to recover from trauma. Prior to attending this workshop, participants must have attended the one day 'Trauma and Recovery' training by Joanna Beazley Richards.

Counts as 6 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, C.Psychol. Cost £125

Wednesday 18 August 2021

Diploma in Counselling Exam Prep Day

This workshop will probably take place on Zoom.

This exam prep day is for all students at all stages of training. The time is negotiated so that each student can get what they need from the day. It is an opportunity to clarify any admin queries around hours, and a time to look at the type of questions you may be asked and to get an idea of the exam process. It is also possible to do a practice exam. This is a good opportunity to get a feel for the actual examination, to ask all the questions you haven't dared to ask so far, and to demystify the process. Please note this workshop will run if there are 6 people who have booked in using the form below. There is a maximum of 12 participants for the workshop to run. Led by John Baxendale.

6 Hours CPD, Cost: £125

Wednesday 25 August (1.30pm) to Sunday 29 August (12.30pm)

Diploma level training in Mindfulness

Text to follow

Led by Joanna Beazley Richards MSc, TSTA, C.Psychol.

Counts as 30 hours CPD and Advanced TA Training. Cost:

Wealden Institute Workshops & Short Course Programme



For individual workshop flyers please go to our web site, or phone the office on: 01892 655 195



Please note - workshops in France are in green

Wednesday and Thursday 1 & 2 September 2021

Attachment, Attachment Disorder, Trauma and Recovery

This workshop will probably take place on Zoom.

This workshop will introduce participants to the theory of attachment and attachment disorder, and of shock and trauma, the clinical difficulties that result and the nature of effective treatment.

Drawing on the work of John Bowlby, Judith Lewis Herman and Babette Rothschild, topics such as the effect of neglect, childhood abuse and domestic violence will be outlined.

Much of the first day will be spent looking at the theory and research findings. The second day will explore treatment, including the “don’ts” as well as the “dos”.

Prior to attending this workshop, participants must have attended the one day ‘Trauma and Recovery Foundation workshop’ training by Joanna Beazley Richards.

Counts as 12 hours CPD & recognised TA Training

Led by Joanna Beazley Richards MSc. TSTA C.Psychol. - Cost: £250

Monday and Tuesday 13 & 14 September 2021

Official TA101; a two-day, accredited Introductory Training in Transactional Analysis.

This workshop will probably take place on Zoom.

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Counts for 12 hours CPD. Leads to an internationally recognised, “TA101 Certificate”.

Led by John Baxendale MSc, PTSTA, Licence ès lettres. Cost: £250

Saturday 25 at 2pm to Wednesday 29 September 2021 at noon

Diploma level training in Trauma Therapy – Training HELD AT COLLEGE FARM, HIGH HURSTWOOD

This is an advanced training event, only open to people who have completed the Wealden Institute Introductory Certificate in Trauma Therapy with Joanna Beazley Richards. The training is a blend of teaching of research and theory, discussion, small group exercises and skills training. It will culminate in an assessment of what has been learned on the course.

While it is not a requirement to stay in the accommodation at Le Sarment, it is advised to do so insofar that space is available.

Given the need for all concerned to prepare well in advance of the training, it is strongly recommended that participants reserve their place and network with other participants and Wealden College admin in good time. For example, participants travelling by air to Bordeaux may want to coordinate their travel arrangements for the journey and for travel from the airport to Wealden Institute French branch. For further information contact the office.

Counts as 36 hours CPD & recognised TA Training.

Led by Joanna Beazley Richards, MSc, TSTA, CPsychol., Registered Trauma Specialist, and John Baxendale, MSc, PTSTA, EMDR Europe Accredited Practitioner

Fees: tuition, snacks and mid-day collation £690

Wednesday 6 October 2021 to Wednesday 8 December 2021 (10 Wednesdays in all)

Diploma in Supervision

This diploma level course, constituting 10 days training, leads to a Diploma in Supervision accredited by Wealden Psychology Institute. Participants must have completed the Wealden College Certificate in Supervision prior to the Diploma.

Fees: Certificate: £1600+VAT

Course Director: John Baxendale MSc, PTSTA, Licence ès lettres

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Please note - workshops in France are in green

Saturday and Sunday 6 & 7 November 2021

Official TA101; a two-day, accredited Introductory Training in Transactional Analysis.

This workshop will probably take place on Zoom.

'Transactional analysis is a theory of personality and a systematic psychotherapy for personal growth and personal change'. That's the definition of TA suggested by the International Transactional Analysis Association. In fact, TA today is all this and much more. Among psychological approaches, TA is outstanding in the depth of its theory and the wide variety of its applications.

As a theory of personality, TA gives us a picture of how people are structured psychologically. TA also provides a theory of communication which can be extended to give a method of analysing systems and organisations.

TA offers a theory of child development and a theory of psychopathology; the concept of life-script explains how our present life patterns originated in childhood.

This fully internationally accredited, introductory, two-day course is invaluable for people interested in using TA in their professional workplace, or in their private life, and is the starting point for anyone wishing to go on to further recognised TA training.

Counts for 12 hours CPD. Leads to an internationally recognised, "TA101 Certificate".

Led by John Baxendale MSc, PTSTA, Licence ès lettres. Cost: £250

Wednesday 17 November 2021

Diploma in Counselling Exam Prep Day

This workshop will probably take place on Zoom.

This exam prep day is for all students at all stages of training. The time is negotiated so that each student can get what they need from the day. It is an opportunity to clarify any admin queries around hours, and a time to look at the type of questions you may be asked and to get an idea of the exam process. It is also possible to do a practice exam. This is a good opportunity to get a feel for the actual examination, to ask all the questions you haven't dared to ask so far, and to demystify the process. Please note this workshop will run if there are 6 people who have booked in using the form below. There is a maximum of 12 participants for the workshop to run. Led by John Baxendale.

6 Hours CPD, Cost: £125
