Continuing Professional Development

Working with Couples in Therapy

Workshop held online

Led by: Joanna Beazley Richards MSc, TSTA, CPsychol

Saturday 1 August 2020 (09.30 - 16.30)

This workshop will outline the basics of counselling and psychotherapy with couples. It will explore: Initial contracting and agreements; Fundamentals of how to conduct sessions; Some useful concepts and techniques; Pitfalls.

About the leader

Joanna is a Chartered Psychologist, a Teaching and Supervising Transactional Analyst, and is specially qualified in relation to learning disability. She has worked with couples all her life. Joanna has had a psychotherapy practice for more than thirty years and is an experienced Trauma specialist. Joanna has a special interest in working with the victims and perpetrators of violence and sexual offences. She is the founder and Managing Director of the Wealden Psychology Institute.