

## Continuing Professional Development Workshop

# *Working Therapeutically with Teenagers*

Led by: Michelle Bowman, QTS, Wealden Diploma in TA Psychotherapy

Saturday 27 June 2020 (9.30 to 4.30)

What was life like for you as a teenager? The best years of your life? Or some of the hardest?

This workshop will explore what it is like to be a teenager in the 21st century and how we can bridge the generational gap in order to work therapeutically and successfully with this age group. The workshop offers an opportunity to consider adolescence from a developmental perspective alongside an exploration of the ever changing cultural landscape within which teenagers today are living. There will be a focus on working with the complexities of teenage mental health in the context of brain development and 21st century British Culture.

### About the Workshop leader

Michelle worked as a secondary school and sixth form teacher for 10 years. Following her training in Transactional Analysis, she began working in a Sixth Form College offering Psychotherapy to students up to the age of 19. Michelle has a particular interest and extensive experience working with teenagers and young adults both within an educational setting and in her private practice. She is currently working towards her CTA examination.

<b>This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 119</b>	
<b>Venue: Wealden Institute Crowborough</b>	
<b>Workshop Entry requirements:</b> <b>No Prior training required</b>	
I would like to book a place on the 'Working Therapeutically with Teenagers' Workshop On Saturday 27 June 2020 at Wealden Institute Crowborough (9.30 to 4.30)	
TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
The fee for Diploma in Counselling Students is reduced to £35. Please tick this box if appropriate.	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 119
Our preferred payment method is by online Bank transfer to (please reference with your name): Account number: 91275682. Sort Code:40-18-39 NB. Your booking will not be accepted payment until payment is confirmed and is <u>non-refundable within three weeks of the Workshop date.</u>	