Continuing Professional Development Workshop

Transference and Counter-transference - What's going on here?

Led by: Anna Pester  BA(Hons) Counselling, Reg. MBACP (Accred)
Wednesday 2 September 2020 (9.30 to 4.30)

The workshop aims to develop counsellors' knowledge of transference and counter-transference in working with clients to understand their internal structures and ways of relating interpersonally. It can be through working with the process of transference and our own counter-transference that the inner world of the client can be seen, understood and explored. This can be extremely helpful for the client's journey in therapy.

About the Workshop leader
Anna is a BACP registered and accredited member of BACP. Anna is Course Coordinator and Tutor at Wealden Institute. Anna is also Lead Counsellor at Greater Brighton Metropolitan College. Anna worked for 17 years as a Specialist Counsellor in Sexual Abuse for the NHS. Anna has also worked for the last nineteen years with teenagers and adults in Further Education. Anna trained in Humanistic Counselling at Chichester University, Psychodynamic Counselling at Sussex University and Cognitive Behaviour Therapy at Westminster Pastoral Foundation in London