

Transactional Analysis Psychotherapy Training at Wealden College of Counselling and Psychotherapy – progression and possible qualification levels.

This is an overview; for full details please look at the TA Training Handbook

NB: progression from one year to the next is not automatic; there is a procedure to be followed. Each 'year' is made up of 20 days training, either weekends or weekdays, October to July.

Training	Topics	Possible qualifications	Comments	Summary of Requirements – for full details refer to the Training Handbook
Year 1 Foundation	Overview of the basic models of TA	Wealden College TA Foundation Certificate	The TA Foundation Certificate is a certificate of completion of the training. It does not qualify the trainee to see clients.	<ul style="list-style-type: none"> ▪ Full attendance on the course; 120 hours. ▪ Successful completion of the TA 101 Written exam. ▪ Write a short essay / testimonial of about 1000 words describing your personal or professional application of the course. ▪ Have received minimum 40 sessions of personal psychotherapy during the training year. ▪ Be a member of UKATA. ▪ Adhere to Wealden Psychology Institute, UKATA and UKCP Codes of Professional Practice, Statement of Ethics and Complaints Procedures.
Year 2 Clinical 1	Schools and Specialisations of TA (SS)			NA
Year 3 Clinical 2	Professional Practice (PP)	UKATA Diploma in TA (exam held in house at Wealden College, under the auspices of UKATA) Note that this diploma is accepted by the BACP for those wishing to apply for accreditation.	This Practitioner Diploma allows successful candidates to see clients and to register, for example, on the Counselling Directory website. Trainees are invited to check the requirements for the Diploma in the handbook, and also to check the requirements for progression from being in Voluntary Placement to private practice.	<ul style="list-style-type: none"> ▪ At least 360 hours of TA Training undertaken at Wealden College, with at least 90% attendance on the course. ▪ 6 assessments that have been marked as at least a pass, including an oral examination held in house at Wealden College. ▪ At least 200 hours of supervised practice using TA psychotherapy. ▪ At least 34 hours of supervision with a TA supervisor. ▪ At least 120 sessions of personal psychotherapy. ▪ UKATA membership for the duration of training.
Year 4 Clinical 3	Treatment of Different Difficulties (DD)	Wealden College Diploma in Transactional Analysis Psychotherapy (the written part is marked internally at Wealden College, with external moderation)	The criteria for the diploma are found in the handbook, and include a written piece of 8000 words. This Diploma does not provide accreditation as a psychotherapist, but is accepted by the BACP for those wishing to apply for BACP Accreditation.	<ul style="list-style-type: none"> ▪ 4 years of TA Psychotherapy Training of at least 120 hours per year, of which the last two must be at Wealden College. 100% attendance on the training is required. ▪ An 8,000 word written case study, marked internally with external moderation. ▪ Log-book of relevant hours of training, supervision, practice experience and therapy received, verified in writing by the appropriate professional. ▪ Have been in receipt of TA Psychotherapy consistently from the start of training, at the rate of at least 40 sessions per year and totalling at least 160 sessions. ▪ Membership of the UKATA for the duration of training. ▪ Have passed of all specified essays and written work. ▪ Have at least 100 client contact hours of supervised practice of TA psychotherapy.
Year 5 CTA Exam Prep	Training in preparation for the CTA written and oral examinations	Certified Transactional Analyst (CTA) Written examinations are sent to UKATA for external marking. The oral examinations are held at national or international TA Conferences world-wide.	Students take the time they need to prepare for the CTA exam, which is made up of a written exam followed by an oral exam.	The requirements for the CTA exam are to be found in the Training Handbook and in the EATA training handbook. Students should refer to both handbooks for detailed information.