

Continuing Professional Development Workshop

Personality Adaptations

Led by: John Baxendale, MSc, PTSTA, CTA

Tuesday 25 February 2020 (9.30 to 4.30)

The theory of 6 personality styles began with an article by Paul Ware titled “Personality Adaptations” in the TAJ in 1983, Ware(1983). Paul Ware originally observed the six adaptations as he treated adolescents in an in-patient treatment programme. They have since been widely researched. He proceeded to explain each of these in TA terms and how they can be treated from the TA framework.

The concept has been followed up by many since that time 27 years ago. The names of the adaptations are widely used in Transactional Analysis literature.

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Perhaps the most well known follow up on this theory is by Joines & Stewart’s (2002) book, “Personality Adaptations” acknowledges the Ware 1983 article as one of the main originators of this model.

About the Workshop leader

John is a UKCP accredited psychotherapist, a Provisional Teaching and Supervising Transactional Analyst, and accredited EMDR Practitioner and a LENS Neurofeedback practitioner. John has many years of experience in the caring professions in Western and Eastern Europe. He has a clinical practice at the Wealden Institute. He has an Advanced Diploma in Forensic Counselling and Psychotherapy and has an interest in working with survivors and perpetrators of abuse, and with survivors of religious abuse.

This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 115

Venue: Wealden Institute Crowborough

**Workshop Entry requirements:
All levels post TA101**

I would like to book a place on the ‘Personality Adaptations’ Workshop
On Tuesday 25 February 2020 at Wealden Institute Crowborough (9.30 to 4.30)

TITLE:	FULL NAME:	
ORGANISATION:		
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I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:		
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SIGNATURE:		I AGREE TO PAYING THE FEE OF £ 115
Our preferred payment method is by online Bank transfer to (please reference with your name): Account number: 91275682. Sort Code:40-18-39 NB. Your booking will not be accepted payment until payment is confirmed and is non-refundable within three weeks of the Workshop date.		