

## Continuing Professional Development Workshop

# *Mindfulness in Relationship*

Led by: Joanna Beazley Richards TSTA, Registered Trauma Specialist

Sunday 19 July 2020 (9.30 to 4.30)

This workshop will introduce participants to mindfulness in relationship with ourselves, other people, animals and nature. The day will be largely experiential and will take place College Farm, High Hurstwood (3.5 miles south of Wealden Institute in Crowborough).

Please note that the training takes place on a working farm. Please come prepared for outdoor activities and exercises, with weather-appropriate clothing, in particular rubber boots or similar footwear.

### About the Workshop leader

Joanna is a Chartered Psychologist, a Teaching and Supervising Transactional Analyst, and is specially qualified in relation to learning disability. She has worked with children all her life. Joanna has had a psychotherapy practice for more than thirty years and is an experienced Trauma specialist. Joanna has a special interest in working with the victims and perpetrators of violence and sexual offences. She is the founder and Managing Director of the Wealden Psychology Institute.

<b>This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 119</b>	
<b>Venue: College Farm</b>	
<b>Workshop Entry requirements:</b>	
<b>No prior training required. Leads to UKATA Award and UKATA Diploma for members of UKATA.</b>	
I would like to book a place on the 'Mindfulness in Relationship' Workshop On Sunday 19 July 2020 at College Farm (9.30 to 4.30)	
TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 119
Our preferred payment method is by online Bank transfer to (please reference with your name): Account number: 91275682. Sort Code:40-18-39	
NB. Your booking will not be accepted payment until payment is confirmed and is <u>non-refundable within three weeks of the Workshop date.</u>	