

Continuing Professional Development

On a Hiding to Nothing - Distancing Language, discounting and passive language in counselling and psychotherapy.

Workshop held online - 10am to 1pm

Led by: Joanna Beazley Richards, MSc, TSTA, Clinical Psychologist and Psychotherapist.

Saturday 5 September 2020 (10.00 - 13.00)

On a hiding to nothing' means to be faced with a situation which is pointless, as a successful outcome is impossible. This workshop will look at the importance of using the active tense, and avoiding distancing language, taking account of our process, our behaviour, and thereby a sense of self and personal agency.

Neurological findings will illustrate the workshop, and skills exercises will give participants opportunities to practice the avoidance of distancing language, discounting and passivity.

Participants will learn how therapists can use modelling and other interventions to encourage clients towards a deeper sense of self, and ownership of their process, so as to help them to gain a sense of personal agency.

About the leader

Joanna is a Chartered Psychologist, a Teaching and Supervising Transactional Analyst, and is specially qualified in relation to learning disability. She has worked with children all her life. Joanna has had a psychotherapy practice for more than thirty years and is an experienced Trauma specialist. Joanna has a special interest in working with the victims and perpetrators of violence and sexual offences. She is the founder and Managing Director of the Wealden Psychology Institute.

This is recognised as 3 hours Continuing Professional Development - Cost: £ 59

Venue: Wealden Institute online – workshop held online

**Entry requirements:
Basic knowledge of counseling.**

I would like to book a place on the 'On a Hiding to Nothing - Distancing Language, discounting and passive language in counselling and psychotherapy.'

On Saturday 5 September 2020 (10.00 - 13.00) at Wealden Institute online

TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS A HALF OF ONE OF YOUR PREPAID WORKSHOPS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 59
Our preferred payment method is by online Bank transfer to (please reference with your name): Account number: 91275682. Sort Code:40-18-39 NB. Your booking will not be accepted until payment is confirmed; both prepaid and paid workshops are non-refundable if cancelled within 3 weeks of the workshop date.	