

Continuing Professional Development Workshop

A TA understanding of Depression

Led by: John Baxendale, MSc, PTSTA, CTA

Saturday 30 November 2019 (9.30 to 4.30)

This workshop will look at the nature of depression; it's effects and how to aid recovery. A TA approach is offered, in which depression is identified as a coping strategy; which is relatively easy to change.

Participants will be offered a range of ideas and given opportunities to practice some of the skills entailed in the treatment of depression.

About the Workshop leader

John is a UKCP registered psychotherapist, a Provisional Teaching and Supervising Transactional Analyst and a Certified Transactional Analyst. John has many years of experience in the caring professions in Western and Eastern Europe. He has a clinical practice at the Wealden Institute. He has an Advanced Diploma in Forensic Counselling and Psychotherapy and has an interest in working with survivors and perpetrators of abuse.

This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 115	
Venue: Wealden Institute Crowborough	
Workshop Entry requirements: Anyone who has done a TA 101 or similar TA training	
I would like to book a place on the 'A TA understanding of Depression' Workshop On Saturday 30 November 2019 at Wealden Institute Crowborough (9.30 to 4.30)	
TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
I CONFIRM THAT I SATISFY THE ENTRY REQUIREMENTS FOR THIS TRAINING; PLEASE TICK:	
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 115
Our preferred payment method is by online Bank transfer to (please reference with your name): Account number: 91275682. Sort Code:40-18-39 NB. Your booking will not be accepted payment until payment is confirmed and is <u>non-refundable within three weeks of the Workshop date.</u>	