

## Continuing Professional Development Specialist Training Event

# *Animal Assisted Therapy*

*Specialist topic: Mindfulness*

**Led by: Joanna Beazley Richards and John Baxendale**

**Tuesday 11 June 2020 (9.30 to 4.30)**

**This specialist training day is one of five leading to a Wealden Institute 'Introductory Certificate in Animal Assisted Therapy.**

**This training will take place entirely at College Farm, and will explore the use of animals in therapeutic work. Participants will work alongside the Institute's animals during experiential exercises. The training will cover the theory and practice of animal assisted therapy and its widespread use with a range of clients.**

**Each Animal Assisted Therapy day will address a different aspect of TA theory in the context of working with animals when helping people therapeutically**

**Please note that the training takes place on a working farm. Please come prepared for outdoor activities and exercises, with weather-appropriate clothing, in particular rubber boots or similar footwear.**

### About the Specialist Training Event leader

Joanna is a Chartered Psychologist, a Teaching and Supervising Transactional Analyst, and is specially qualified in relation to learning disability. She has worked with children all her life. Joanna has had a psychotherapy practice for more than thirty years and is an experienced Trauma specialist. Joanna has a special interest in working with the victims and perpetrators of violence and sexual offences. She is the founder and Managing Director of the Wealden Psychology Institute.

John is Provisional Teaching and Supervising Transactional Analyst, and a UKCP registered psychotherapist. He is an EMDR Europe Accredited Practitioner and is fully trained in the EAGALA method.

**This Specialist Training Event is recognised as 6 hours Continuing Professional Development - Cost: £ 150**

**Venue: College Farm, Fowley Lane, High Hurstwood, TN22 4BG**

### Specialist Training Event Entry requirements:

**No prior training required. Leads to UKATA Award and UKATA Diploma for members of UKATA.**

I would like to book a place on the 'Animal Assisted Therapy' Specialist Training Event  
On Tuesday 11 June 2020 at College Farm, Fowley Lane, High Hurstwood, TN22 4BG (9.30 to 4.30)

TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
DIPLoma IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 150
Our preferred payment method is by online Bank transfer to (please reference with your name): Account number: 91275682. Sort Code:40-18-39 NB. Your booking will not be accepted payment until payment is confirmed and is <u>non-refundable within three weeks of the Specialist Training Event date.</u>	