

Continuing Professional Development Workshop

Working Therapeutically with Teenagers

Led by: Michelle Bowman, QTS, Wealden Diploma in TA Psychotherapy

Tuesday 13 February 2018 (9.30 to 4.30)

What was life like for you as a teenager? The best years of your life? Or some of the hardest?

This is a one day workshop exploring what it is like to be a teenager in the 21st century and how we can bridge the generational culture gap in order to work therapeutically and successfully with this age group. The workshop offers an opportunity to consider adolescence from a developmental perspective alongside an exploration of the ever changing cultural landscape within which teenagers today are living. There will be a particular focus on how the theme of low self-esteem is often at the heart of therapeutic work with teenagers and how self esteem is so closely linked to today's cultural influences.

About the Workshop leader

Michelle worked as a secondary school and sixth form teacher for 10 years. Following her training in Transactional Analysis, she now works in a school offering Psychotherapy to students up to the age of 19 alongside her private practice. Michelle has a particular interest and extensive experience working with teenagers and young adults in an educational setting. She is currently working towards her CTA exam.

**This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 105
Venue: Wealden Institute Crowborough**

**Workshop Entry requirements:
All levels**

I would like to book a place on the 'Working Therapeutically with Teenagers' Workshop On Tuesday 13 February 2018 at Wealden Institute Crowborough (9.30 to 4.30)

TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 105.

NB. Your booking will not be accepted without payment and is non-refundable within three weeks of the Workshop date.