

UKATA Diploma in Transactional Analysis

The following document outlines the process for achieving the UKATA Diploma in Transactional Analysis at Wealden Institute. (Text taken from the UKATA website, adjusted to correspond with the Wealden Institute training in the psychotherapy field.) It is intended that this can be either an interim qualification for UKATA members on their way to CTA or as a qualification in its own right and an endorsement to practice.

Throughout the period of training, from start of training until qualification, the individual will need to remain a member of UKATA and be registered with an RTE in order that their overall journey to qualification can be monitored. (For those applying for the UKATA Diploma retrospectively, please see grand parenting option below).

The Diploma is intended as a UKATA endorsement to practice within the applicant's chosen field of application (i.e. Psychotherapy, Counselling, Education, or Organisation).

A point to note is that the UKATA Diploma in Transactional Analysis is not an EATA qualification and therefore once the Diploma is achieved, the EATA advertising requirements for students still apply (for more information please see the UKATA Advertising policy or EATA Principles of advertising).

All queries regarding the Diploma should be sent to the UKATA administrator for the attention of AAC (Assessment and Accreditation Committee). Specific queries regarding how the Diploma can be obtained at Wealden Institute should be addressed to the Wealden Institute Admin Team (admin@wealdeninstitute.co.uk).

Wealden Institute Criteria for the UKATA Diploma in Transactional Analysis

For an individual to achieve the UKATA TA Diploma at Wealden Institute they will need to meet the following criteria:

- 360 hours of TA Training undertaken at Wealden Institute.
- 6 assessments that have been marked as at least a pass, chosen from the following (NB: the oral exam is a requirement) – this is a provisional list and may be updated over the coming months):
 - Requirement: Oral examination / assessment at Wealden Institute, where the

individual presents a 5 minute segment of a recorded piece of their work to a panel, with transcript, and answers questions on their practice and their work.

See below for the exam assessment sheet;

- Complete learning journal from start of training;
 - Maximum three of the essays completed in 1st or 2nd Clinical year;
 - Maximum two SPRs completed during the 3rd Clinical year (if applicable);
 - The candidate's TA101 written exam;
 - Record of tutor feedback on skills practice sessions from start of training to date.
- 200 hours of supervised practice using TA psychotherapy.
 - 34 hours of supervision with a TA supervisor.
 - 120 hours of personal psychotherapy with a UKCP (HIPC College) registered psychotherapist.
 - Evidence of UKATA membership for the duration of training. For past members wishing to access the UKATA Diploma in retrospect they would need to show that they are a current member of UKATA.
 - A TA Supervisor's endorsement indicating competency to practice.
 - A sign-off for the 120 hours personal psychotherapy.
 - A TA trainer's endorsement, indicating successful completion of training to date, and all required assessments.

The Process

Applicants can apply for the UKATA Diploma in Transactional Analysis by using the UKATA Diploma in Transactional Analysis registration form. It is the responsibility of the applicant to ensure that all appropriate sections of the registration form are completed and endorsed where applicable. Supporting documentation will also need to be provided where requested.

On receipt, the UKATA Assessment and Accreditation Committee (AAC) will review the registration form. In the event that all criteria are appropriately met they will inform the UKATA Administrator that a Diploma Certificate can be issued. Should any criteria be incorrect or missing the AAC will contact the applicant and inform them of what they need to supply for a successful application.

Grand-parenting

It is intended that all UKATA members, who have previously completed this level of training, may access the Award.

For anyone applying for the UKATA TA Diploma who have undertaken their training within the RTE system (which started in 2008), they would need to ensure they meet the following: all of the criteria for the UKATA Diploma are met, that they are registered with an RTE of their choice who offers this process, that they are a member of UKATA. They can then complete the UKATA Diploma in Transactional Analysis Registration from and provide relevant sign-offs and documentation.

For anyone applying for the UKATA Diploma in Transactional Analysis who undertook their training prior to 2008, or who has trained within an RTE but not completed all of the required criteria for the UKATA Diploma they may be able to access the UKATA Diploma via an RTE APL/APE process. RTE APL/APE processes for the Diploma are at the discretion of the RTE in question and would entail the RTE being satisfied that the applicant meets all the UKATA Diploma requirements. This is likely to involve additional work and costs, which are at the discretion of the RTE. It is the decision of the RTE whether they provide an APL/APE or not for this award, and the decision of the student which RTE they choose to register with.

Cost

- The cost of applying for the UKATA Diploma in Transactional Analysis is open to UKATA members at a price of £200, payable to UKATA.
- Wealden Institute will levy a fee of £200 towards the administration and examination costs of the Diploma.
- These costs do not include any supervision the candidate may seek on preparation for the Diploma.

CPD

Once the applicant has been awarded the UKATA Diploma they will come under the UKATA CPD policy and expected to provide CPD returns. This policy is currently under review and processes and procedures for will be available for UKATA members who have achieved their UKATA Diploma in the near future.

**ASSESSMENT SHEET FOR UKATA DIPLOMA IN TRANSACTIONAL ANALYSIS
EXAMINATION AT WEALDEN INSTITUTE**

Candidate Name: Date:

Rate each category between 1 and 10, with 1 meaning poor/inadequate and 10 meaning an excellent demonstration of skills.

- 1. Facilitative listening skills (reflection, paraphrasing, summarizing etc.).....
- 2. Relationship with client. Contact awareness of own process in relation to client/counter- transference.....
- 3. Appropriateness of psychotherapy interventions.....
- 4. Protection of client and self, demonstrates effective use of supervision
- 5. Assessment of client (initial and ongoing assessment showing appreciation of TA theory).....
- 6. Clear goals (initial contract, overall direction of psychotherapy, focusing for this session).....
- 7. Professionalism (as indicated by good presentation of self and written work).
- 8. Ethics: shows understanding, grasp and ability to use ethical principles in practice.
- 9. Application of Transactional Analysis theory
- 10. Awareness of context and diversity (historical, social, cultural, including gender, class, race)
- 11. Potency (including potency and presence during the exam)

Would you refer clients to this candidate?
(all examiners must agree “yes” for a pass)

Examiner’s feedback to candidate:

Examiners Name: Signature:

NB: 50% overall is required for a pass, and a score of at least 5 must be obtained on all questions