

Training in Trauma Therapy

The trauma therapy training at Wealden Institute is run by Joanna Beazley Richards who has extensive training, qualifications and experience in the trauma field, working over many years with people of all ages suffering from the effects of trauma.

This training is in two parts:

1) Introductory Certificate in Trauma Therapy.

This is a five-day training made up of three one-day and one two-day training workshops.

These can be attended in any order; it is recommended to attend the Trauma and Recovery Foundation day first, but this is not a requirement. Dates currently planned are as follows, and these training days are currently being offered online:

- [Attachment, Attachment Disorder, Trauma and Recovery](#) – 23 & 24 January 2021
- [Severe and Complex Trauma and Dissociation](#) - 6th February 2021
- [Treating Traumatised Children](#) - 23rd February 2021
- [Attachment, Attachment Disorder, Trauma and Recovery](#) - 22nd & 23rd March 2021
- [Trauma and Recovery foundation](#) - 1st April 2021
- [Severe and Complex Trauma and Dissociation](#) – 21 July 2021
- [Treating Traumatised Children](#) – 11 August 2021

In order to qualify for the Introductory Certificate in Trauma Therapy you must:

- Have completed the five training days
- Submitted a learning journal of your five days training;
- Submitted a short critical summary of Judith Lewis Herman's "Trauma and Recovery" of around 2000 words.
- Submitted a statement confirming that you have read "The Body Keeps the Score" by Bessel Van der Kolk, and "The Body Remembers Vol I and 2" by Babette Rothschild.

2) Diploma Level Training in Trauma Therapy

This is a five consecutive days training, held at College Farm, High Hurstwood from 25th to 29th September 2021. [Click here for the flyer.](#)

In order to apply for this Diploma course, you must have completed the Introductory Certificate as described above.

In order to receive the Diploma qualification, you must:

- Have attended the five, Diploma level training days
- Submitted a learning journal of your five days training;
- Have completed at least 200 hours of supervised practice with clients who have experienced trauma.
- Submitted a written case study of 15,000 words maximum. A clear and detailed guide to the writing and marking of the case study will be provided. Anything over that the maximum number of words will be returned.