

## **Continuing Professional Development Workshop**

## Trauma and Recovery - a one day Foundation for the Introductory Certificate in Trauma Therapy

Led by: Joanna Beazley Richards TSTA, Registered Trauma Specialist Saturday 26 October 2019 (9.30 to 4.30)

This workshop will introduce participants to the psychology of shock and trauma, the clinical difficulties that result and the nature of effective treatment.

Drawing on the work of Judith Lewis Herman and Babette Rothschild, topics such as the effect of childhood abuse, violence, and serious accidents will be outlined.

Much of the day will be spent looking at the characteristics and stages of effective treatment including the "don'ts" as well as the "dos". This day is the first of a number of possible workshops, attendance at which may lead to an Introductory Certificate in Trauma Therapy.

## **About the Workshop leader**

Joanna is a Chartered Psychologist, a Teaching and Supervising Transactional Analyst, and is specially qualified in relation to learning disability. She has had a psychotherapy practice for more than thirty years and is an experienced Trauma specialist. Joanna has a special interest in working with the victims and perpetrators of violence and sexual offences. She is the founder and Managing Director of the Wealden Psychology Institute.

This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 115		
Venue: Wealden Institute Crowborough		
Workshop Entry requirements: Participants must have completed at least on year's training in therapy or counselling. Workshop counts as 6 hours TA training.		
I would like to book a place on the 'Trauma and Recovery - a one day Foundation for the Introductory Certificate in Trauma Therapy' Workshop		
On Saturday 26 October 2019 at Wealden Institute Crowborough (9.30 to 4.30)		
TITLE:	FULL NAME:	
ORGANISATION:		
ADDRESS:		
		POSTCODE:
TELEPHONE(S):		
EMAIL:		
AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:		
CONFIRM THAT I SATISFY THE ENTRY REQUIREMENTS FOR THIS TRAINING; PLEASE TICK:		
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:		
SIGNATURE:		I AGREE TO PAYING THE FEE OF £ 115
NB.	Your booking will not be	accepted without payment and is non-refundable within three weeks of the Workshop date.