

*Continuing Professional Development Workshop*

# *TA and Strokes - the importance of recognition*

Led by: John Baxendale MSc, PTSTA(P), CTA(P)

**Tuesday 28 August 2018 (9.30 to 4.30)**

Recognition by others is considered essential to healthy human growth and development and remains essential throughout the life of a person. Without recognition, or Strokes as this is called in Transactional Analysis, a person is lacking one of the essential elements that feed the soul and allow a person to maintain a healthy level of energy. In this workshop, which will be part didactic and part experiential, we will explore the theory of strokes, and participants will be offered the opportunity to look at their own stroking patterns and to look for ways of changing how they give and receive recognition to and from others.

**About the Workshop leader**

John is a UKCP registered psychotherapist, a Provisional Teaching and Supervising Transactional Analyst and a Certified Transactional Analyst. John has many years of experience in the caring professions in Western and Eastern Europe. He has a clinical practice at the Wealden Institute. He has an Advanced Diploma in Forensic Counselling and Psychotherapy and has an interest in working with survivors and perpetrators of abuse.

**This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 110  
 Venue: Wealden Institute Crowborough**

**Workshop Entry requirements:  
 Anyone, no prior training required.**

I would like to book a place on the 'TA and Strokes - the importance of recognition' Workshop  
 On Tuesday 28 August 2018 at Wealden Institute Crowborough (9.30 to 4.30)

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| TITLE:   | FULL NAME:                         |
| ORGANISATION:  |                                    |
| ADDRESS:   |                                    |
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| TELEPHONE(S):  |                                    |
| EMAIL:   |                                    |
| I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:           |                                    |
| DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS: |                                    |
| SIGNATURE:   | I AGREE TO PAYING THE FEE OF £ 110 |

NB. Your booking will not be accepted without payment and is non-refundable within three weeks of the Workshop date.