

Similarities & Differences

Diploma in Humanistic Integrative Counselling BACP Accredited	Transactional Analysis (TA) Psychotherapy Training UKATA Accredited
480 hours of tuition over 80 one-day weekday modules over TWO years.	480 hours of tuition over 40 two-day weekend modules over FOUR years. (Fortnightly on Mondays possible too)
Training taught at Undergraduate level 5/6	Training taught at Masters level 7
No university or professional qualifications required to undertake training	Suitable for those with a relevant degree, a suitable counselling qualification or a qualification in a relevant profession
30 hours (5 days) of workshops from the Wealden College Short Course Programme each year are included	No extra workshops included
Modalities taught include Person-Centred, Gestalt and TA leading to an integrative orientation	Modality taught is principally TA
Must have done a 60 hour Certificate in Counselling course first (Wealden cost is £542 at 2018/19 prices)	Must undertake the TA101 two-day course (Wealden cost is £170 at 2018/19 prices)
Strong emphasis on hands-on skills practice and personal development	Strong emphasis on hands-on skills practice and personal development
Cost of training £9,128 (at 2018/19 prices) across 2 years	Cost of training £8,410 (at 2018/19 prices) across 4 years
40 sessions of therapy required each year until student qualifies (Could be up to a total of 4 years)	40 sessions of therapy required for each training year (Recommended thereafter until qualified, so a minimum of 4 years)
Student membership of BACP required (£80 p.a.)	Student membership of UKATA required (£80.50 p.a.)
Most placements start from beginning of second year	Most placements start from beginning of second year
Cost of supervision may be extra if not provided by placement	Cost of TA supervision required in addition to placement supervision
No private practice possible until qualified	Can be signed off for private practice after 120 client hours with tutor and supervisor agreement
Qualification possible once training finished, all written work passed, completion of final oral examination plus completion of 100 client hours and 50 skills hours Qualification leading to award of BACP recognised Diploma allowing you to practice as a counsellor	Qualification possible once 360 hours of training finished (3 years), written work passed, completion of oral presentation plus 200 client hours Qualification leading to award of UKATA Diploma in TA Practice allowing you to practice as a counsellor & accepted by BACP for accreditation Further qualification possible once 480 hours of training finished, written CTA Exam passed, oral CTA Exam passed plus 750 client hours Qualification leading to award by EATA as Certified Transactional Analyst allowing you to practice as an accredited psychotherapist with UKCP