

*Continuing Professional Development Workshop*

***Personality Adaptations***

**Led by: John Baxendale, MSc, PTSTA, CTA**

**Sunday 16 September 2018 (9.30 to 4.30)**

The theory of 6 personality styles began with an article by Paul Ware titled “Personality Adaptations” in the TAJ in 1983, Ware(1983). Paul Ware originally observed the six adaptations as he treated adolescents in an in-patient treatment programme. They have since been widely researched. He proceeded to explain each of these in TA terms and how they can be treated from the TA framework. The concept has been followed up by many since that time 27 years ago. The names of the adaptations are widely used in Transactional Analysis literature.

He proceeded to explain each of these in TA terms and how they can be treated from the TA framework. The concept has been followed up by many since that time. The names of the adaptations are widely used in the Transactional Analysis literature.

Perhaps the most well known follow up on this theory is by Joines & Stewart’s (2002) book, “Personality Adaptations” acknowledges the Ware 1983 article as one of the main originators of this model.

The model is based on 6 personality types, those being: Histrionic, Obsessive-compulsive, Paranoid, Schizoid, Passive-aggressive and Antisocial. This workshop will detail each personality style, how to recognise it, and how to approach change with each ad

**About the Workshop leader**

John is a UKCP registered psychotherapist, a Provisional Teaching and Supervising Transactional Analyst and a Certified Transactional Analyst. John has many years of experience in the caring professions in Western and Eastern Europe. He has a clinical practice at the Wealden Institute. He has an Advanced Diploma in Forensic Counselling and Psychotherapy and has an interest in working with survivors and perpetrators of abuse.

**This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 110**

**Venue: Wealden Institute Crowborough**

**Workshop Entry requirements:**

**All levels post TA101**

I would like to book a place on the ‘Personality Adaptations’ Workshop  
 On Sunday 16 September 2018 at Wealden Institute Crowborough (9.30 to 4.30)

TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 110

NB. Your booking will not be accepted without payment and is non-refundable within three weeks of the Workshop date.