

Continuing Professional Development Workshop

Mindfulness of Nature - HELD IN France

Led by: Joanna Beazley Richards

Saturday 14 July 2018 (9.30 to 4.30)

It has been known for thousands of years that still awareness of our own process while in the wild and natural environments enables peace of mind. Joanna Beazley Richards trained extensively in Japan in the practice of mindfulness in nature. This workshop, which will be largely experiential, will enable participants to experience moment by moment stillness in natural settings.

About the Workshop leader

Joanna is a Chartered Psychologist, a Teaching and Supervising Transactional Analyst, and is specially qualified in relation to learning disability. She has worked with children all her life. Joanna has had a psychotherapy practice for more than thirty years and is an experienced Trauma specialist. Joanna has a special interest in working with the victims and perpetrators of violence and sexual offences. She is the founder and Managing Director of the Wealden Psychology Institute.

**This Workshop is recognised as 6 hours Continuing Professional Development - Cost: Euros 170
Venue: Wealden Institute France**

**Workshop Entry requirements:
No prior training required. Leads to UKATA Diploma for members of UKATA.**

I would like to book a place on the 'Mindfulness of Nature - HELD IN France' Workshop
On Saturday 14 July 2018 at Wealden Institute France (9.30 to 4.30)

TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
DIPLOMA IN COUNSELLING STUDENTS MAY NOT USE THIS WORKSHOP AS PART OF THEIR CREDITS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF EUROS 170

NB. Your booking will not be accepted without payment and is non-refundable within three weeks of the Workshop date.