

Continuing Professional Development Workshop

Life Scripts

Led by: **John Baxendale, MSc, PTSTA, CTA**

Tuesday 11 September 2018 (9.30 to 4.30)

Eric Berne developed the theory of Life Scripts along with his close colleagues, in particular Claude Steiner, as a way of understanding how in our early childhood we develop strategies for surviving in a world perceived sometimes as hostile. We designed our own life, and this workshop will review and explore the TA theory of Life Scripts in order to gain understanding of our own script, and how we can change it as grownups in order to lead a life more in contact with the here and now reality. It is open to participants who have completed a TA101 course.

About the Workshop leader

John is a UKCP registered psychotherapist, a Provisional Teaching and Supervising Transactional Analyst and a Certified Transactional Analyst. John has many years of experience in the caring professions in Western and Eastern Europe. He has a clinical practice at the Wealden Institute. He has an Advanced Diploma in Forensic Counselling and Psychotherapy and has an interest in working with survivors and perpetrators of abuse.

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| This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 110 | |
| Venue: Wealden Institute Crowborough | |
| Workshop Entry requirements: All levels post TA101 | |
| I would like to book a place on the 'Life Scripts' Workshop On Tuesday 11 September 2018 at Wealden Institute Crowborough (9.30 to 4.30) | |
| TITLE: | FULL NAME: |
| ORGANISATION: | |
| ADDRESS: | |
| | POSTCODE: |
| TELEPHONE(S): | |
| EMAIL: | |
| I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE: | |
| DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS: | |
| SIGNATURE: | I AGREE TO PAYING THE FEE OF £ 110 |
| NB. Your booking will not be accepted without payment and is <u>non-refundable within three weeks of the Workshop date.</u> | |