

## Continuing Professional Development Workshop

# Introduction to Gestalt Therapy

Led by: Joanna Beazley Richards, MSc, TSTA, Cpsychol.

Thursday 6 December 2018 (9.30 to 4.30)

Gestalt therapy is an existential and experiential psychotherapy that focuses on the individual's experience in the present moment, the therapist-client relationship, the environmental and social contexts in which these things take place, and the self-regulating adjustments people make as a result of the overall situation. It emphasizes personal responsibility. Gestalt therapy was co-founded by Fritz Perls, Laura Perls and Paul Goodman in the 1940s-1950s.

The workshop will introduce participants to some of the major concepts, and will enable them to experience and practice some of the core ideas.

### About the Workshop leader

Joanna is a Chartered Psychologist, a Teaching and Supervising Transactional Analyst, and is specially qualified in relation to learning disability. She has worked with children all her life. Joanna has had a psychotherapy practice for more than thirty years and is an experienced Trauma specialist. Joanna has a special interest in working with the victims and perpetrators of violence and sexual offences. She is the founder and Managing Director of the Wealden Psychology Institute.

<b>This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 110</b>	
<b>Venue: Wealden Institute Crowborough</b>	
<b>Workshop Entry requirements:</b> <b>Anyone, no prior training required.</b>	
I would like to book a place on the 'Introduction to Gestalt Therapy' Workshop On Thursday 6 December 2018 at Wealden Institute Crowborough (9.30 to 4.30)	
TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 110
NB. Your booking will not be accepted without payment and is <u>non-refundable</u> within three weeks of the Workshop date.	