

## Continuing Professional Development Workshop

## Egograms

Led by: John Baxendale MSc, PTSTA(P), CTA(P)

Saturday 25 August 2018 (9.30 to 4.30)

Do you ever feel that people just don't relate to you how you want? Do you feel tired out, always seeming to have the same communication difficulties? Do you wish you had more fun?

This workshop will explore how we use our energy, and the effect that has on how we feel, and how people relate to us.

Using the TA functional model, participants will have a chance to draw their own egograms, (which are a great way to picture how someone functions) and those of the most important people in their lives. They will look at strategies for changing the way they function, and explore what may be wrong in their close relationships.

## **About the Workshop leader**

John is a UKCP registered psychotherapist, a Provisional Teaching and Supervising Transactional Analyst and a Certified Transactional Analyst. John has many years of experience in the caring professions in Western and Eastern Europe. He has a clinical practice at the Wealden Institute. He has an Advanced Diploma in Forensic Counselling and Psychotherapy and has an interest in working with survivors and perpetrators of abuse.

This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 110 Venue: Wealden Institute Crowborough

Workshop Entry requirements: TA101 minimum

I would like to book a place on the 'Egograms' Workshop On Saturday 25 August 2018 at Wealden Institute Crowborough (9.30 to 4.30)

TITLE:	FULL NAME:			
ORGANISATION:				
ADDRESS:				
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TELEPHONE(S):				
EMAIL:				
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:				
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:				
SIGNATURE:			I A	GREE TO PAYING THE FEE OF £ 110
NB.	Your booking will not be accepted without payment and is non-refundable within three weeks of the Workshop date.			