

## *Continuing Professional Development Workshop*

# *Ego states*

Led by: John Baxendale MSc, PTSTA(P), CTA(P)

Wednesday 8 August 2018 (9.30 to 4.30)

The idea that our personality is made up of what we modelled on others (Parent ego state), how we used to be (Child ego state) and responsive here and now functioning (Adult ego state) was a revolutionary idea of Dr Eric Berne in the late 1940s. This workshop will explore Berne's model of ego-states, which he defined as a consistent pattern of feeling and experience, directly related to a corresponding pattern of behaviour. Participants will explore their own ego-states, how to diagnose ego-states in clinical practice, and how to use the concept of ego-states in therapeutic work.

### About the Workshop leader

John is a UKCP registered psychotherapist, a Provisional Teaching and Supervising Transactional Analyst and a Certified Transactional Analyst. John has many years of experience in the caring professions in Western and Eastern Europe. He has a clinical practice at the Wealden Institute. He has an Advanced Diploma in Forensic Counselling and Psychotherapy and has an interest in working with survivors and perpetrators of abuse.

**This Workshop is recognised as 6 hours Continuing Professional Development - Cost: £ 110**

**Venue: Wealden Institute Crowborough**

**Workshop Entry requirements:**

**TA101**

I would like to book a place on the 'Ego states' Workshop  
On Wednesday 8 August 2018 at Wealden Institute Crowborough (9.30 to 4.30)

TITLE:	FULL NAME:
ORGANISATION:	
ADDRESS:	
	POSTCODE:
TELEPHONE(S):	
EMAIL:	
I AGREE TO WEALDEN INSTITUTE CONTACTING ME BY EMAIL IN FUTURE, PLEASE TICK HERE:	
DIPLOMA IN COUNSELLING STUDENTS PLEASE TICK HERE IF THIS IS ONE OF YOUR PREPAID WORKSHOPS:	
SIGNATURE:	I AGREE TO PAYING THE FEE OF £ 110

NB. Your booking will not be accepted without payment and is non-refundable within three weeks of the Workshop date.